

B

enilde Hall

Treating
Addiction ● Mental Illness ● Homelessness

2011 Annual Report



The mission of the Benilde Hall program is to promote balanced and responsible independent living by preventing the relapse of chemically dependent homeless persons through housing and substance abuse treatment so they can work and live without the havoc and chaos caused by addiction and homelessness.

History

Benilde Hall began providing transitional housing and substance abuse treatment to indigent homeless men in 1993. In 1997, Benilde incorporated as its own agency, separating from the founding board, the Lay Volunteers of DeLaSalle. In 2006, Benilde Hall opened Matt Talbot, a 12 unit permanent housing apartment building for men who successfully completed the Benilde Hall program. The Matt Talbot House continues to be a successful model of a permanent housing project for formally homeless men.

Problem

The impact of homelessness and substance abuse on the community is significant. The cost of homelessness can be quite high. Hospitalization, medical treatment, incarceration, police intervention, and emergency shelter expenses can add up quickly, making homelessness surprisingly expensive for municipalities and taxpayers.

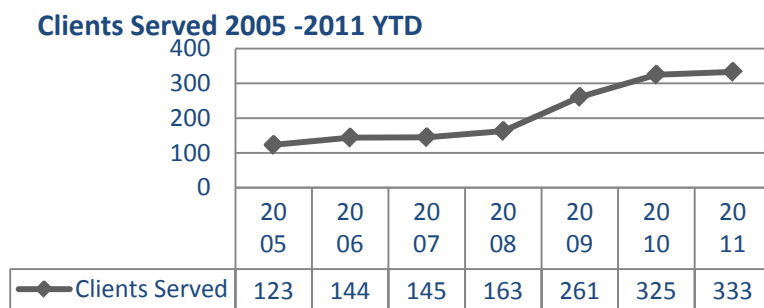
The Homeless Services Coalition of Kansas City surveyed the homeless in the bi-annual Point in Time count on January 26, 2011. In the greater Kansas City area 2,818 homeless individuals were counted. A warm weather survey was then conducted in July 2011. The results are:

Totals	2009 January	2010 January	% change 2009-10	2011 January	% change 2010-2011	2011 July
unduplicated homeless persons	2,098	2,235	+6.5%	2,818	+26.1%	2,244
Individuals	1,080	1,310	+21.3%	1,505	+14.9%	1,264
Families	418	318	-23.9%	407	+31.1%	309
Veterans	317	365	+15.1%	315	-13.7%	353
1 st time homeless	739	912	+23.4%	N/A	-14.9%	776

2011

Clients Served

Benilde Hall provides supportive housing, substance abuse treatment, mental health and case management services to homeless men with addiction and mental health issues. In 2011 services were provided to 333 men at Benilde Hall and Matt Talbot.



Benilde Hall is a unique program offering housing, substance abuse treatment, and treatment for mental illness to homeless adult men all in one single facility –

The Therapeutic Community of Benilde Hall.

2011 Services provided at Benilde Hall included:

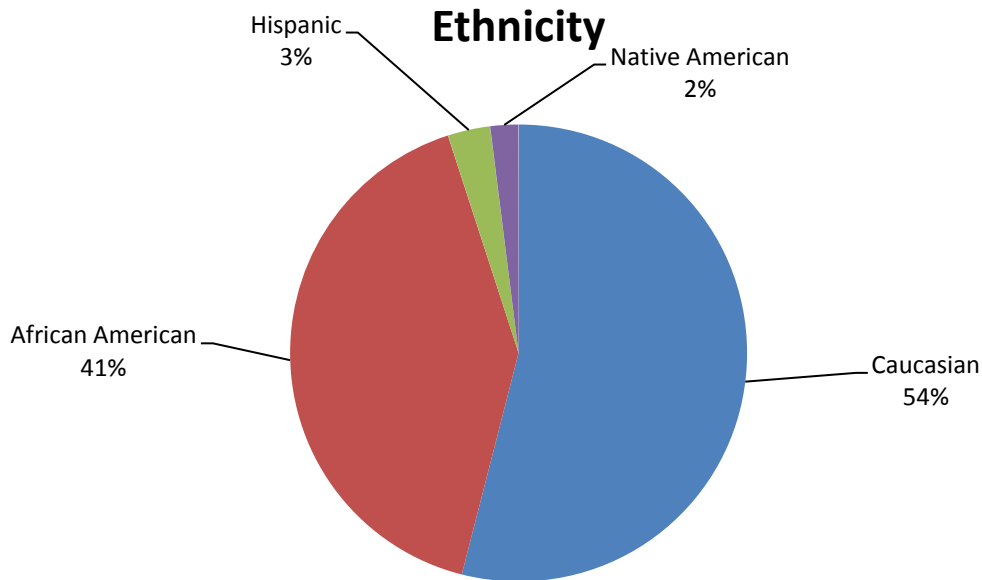
- Housing – Transitional housing services for 65men and long term independent housing for 12 men
- Substance Abuse Treatment - All residents must participate in a recovery program that includes group counseling, community groups, individual counseling and case management.
- Services for Persons with Co-existing Disorders - On-site psychological services for clients with the dual diagnosis of substance abuse and mental illness.
- Medical Assessment & Education – On site HIV testing and health literacy education groups.
- Case Management - Depending on the unique needs of each resident. Additional services include: employment counseling, independent living skills, recreation activities, legal advocacy & referrals transportation, spirituality, financial counseling, family counseling, referrals to community self help groups.

To be successfully discharged from Benilde Hall clients must be abstinent, have improved income, move to stable housing and if they have a mental illness, they must have improved mental health. In 2011 sixty-two percent (62%) of the clients to enter Benilde Hall successfully discharged the program.

2011 Highlights

- Supportive housing & treatment services were provided to 333 men.
- 62% successfully discharged the program with increased income, stable housing, improved mental health, increased social skills, and abstinent from drugs & alcohol.
- More than 2,200 individuals received services through street outreach. Services included hot meals, hygiene items, clothing, disease prevention, and referrals.
- Benilde Services, a compensated work program provided employment opportunities to the men of Benilde Hall. The program provides lawn care, nursery & landscaping, painting, snow removal, and repair services. To participate in Benilde Services the client must be compliant with their program including being abstinent from drugs & alcohol and participating in treatment services. Eighty percent of Benilde Services participants have maintained sobriety, Thirty-three (33%) have found other or additional employment. Forty percent (40%) have found housing and moved into aftercare programming.
- Benilde Services mowed more than 33 Kansas City area schools and maintained over 300 city lots.
- Benilde Hall’s community partners include Kansas City Kansas Community College, UMKC, Metropolitan Community Colleges, and Avila University to provide field placement practicum for students in the fields of social work, psychology, and substance abuse and addictions. Under staff supervision, student interns provide counseling services and facilitate groups. The contribution this year in donated time by student interns was more than \$20,000.

A Snapshot of Benilde Hall clients in 2011



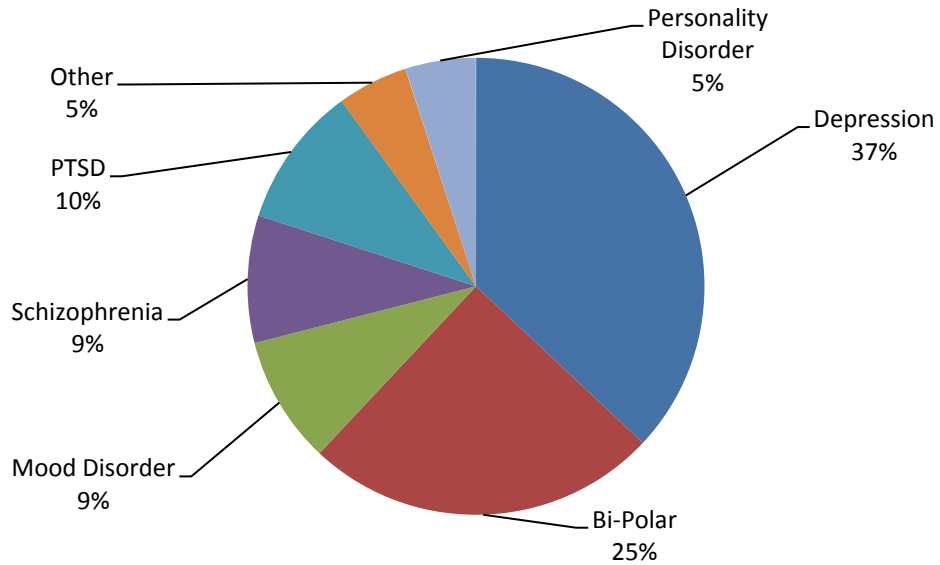
In 2011 upon entering the program:

- All were homeless
- All had addiction problems
- 82% had legal problems
- 58% were veterans
- 66% were suffering from mental illness

In 2011 66% of clients entering the Benilde Hall program had the dual diagnosis of Substance Abuse and Mental Illness. In 2011 of the 333 men served 193 or 58% of them were Veterans.

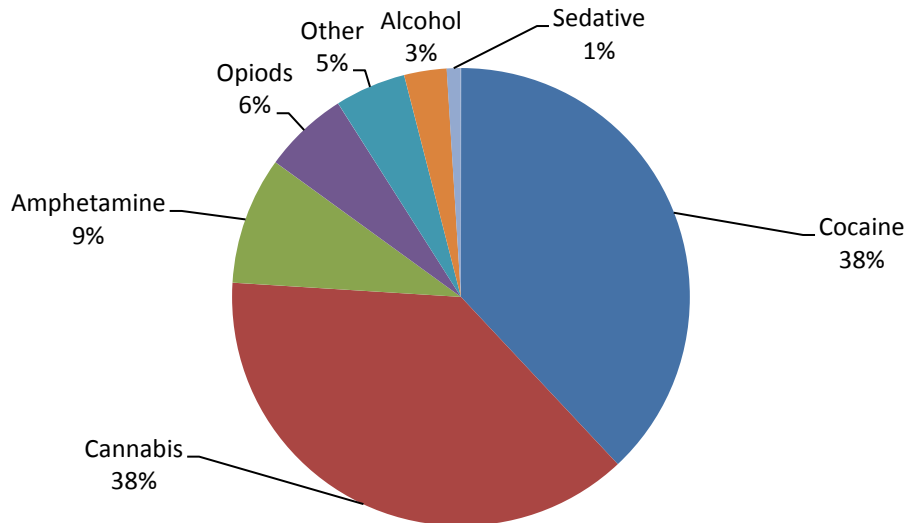
The clients with the dual diagnosis of substance abuse and mental illness benefit from the modified Dialectical Behavior programming at Benilde Hall. Preliminary research shows a decreased length of stay and an increase of successful outcomes at Benilde Hall from this program of treatment.

Mental Health Diagnosis



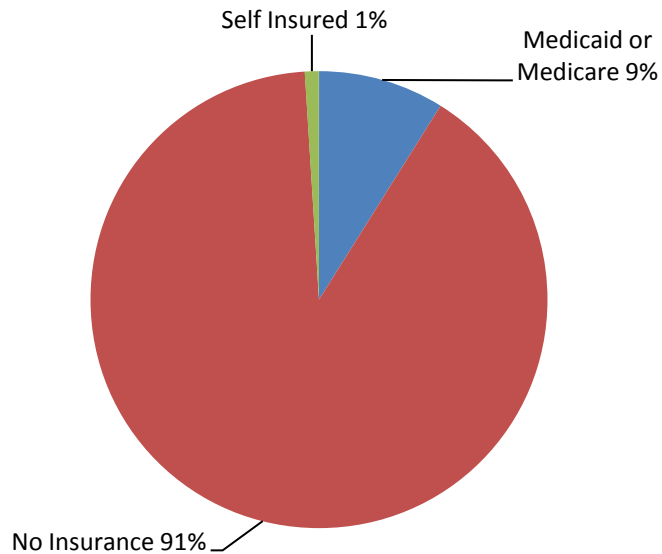
Although the vast majority of clients abused more than one drug, the primary drugs of choice were cocaine and Cannabis.

Substance Abuse Diagnosis



In 2011 Benilde Hall assisted a larger number of clients who were eligible to receive Medicaid and Medicare. The majority still had no health insurance of any kind.

Health Insurance



Benilde Hall is certified by the State of Missouri Department of Mental Health. Benilde Hall's expertise and commitment to the homeless population is evident through the support of contracts from:

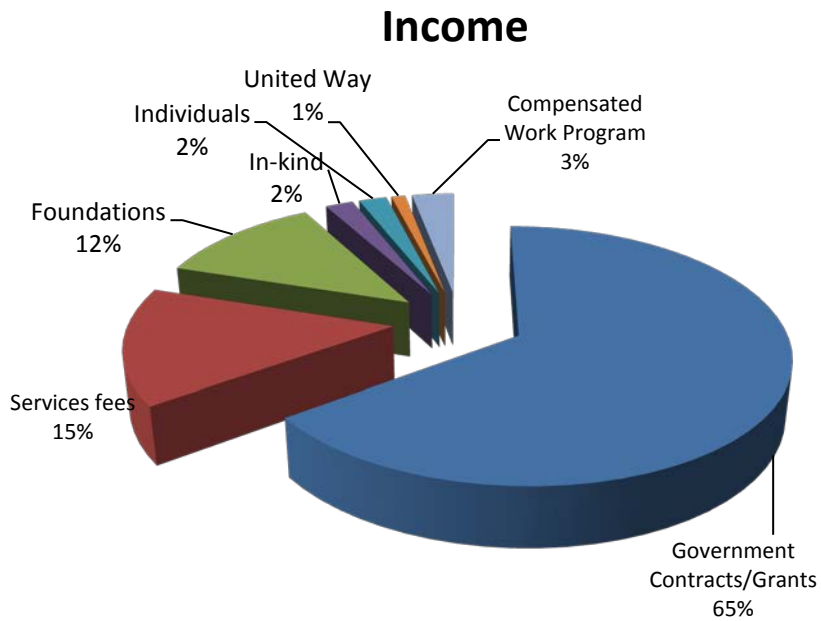
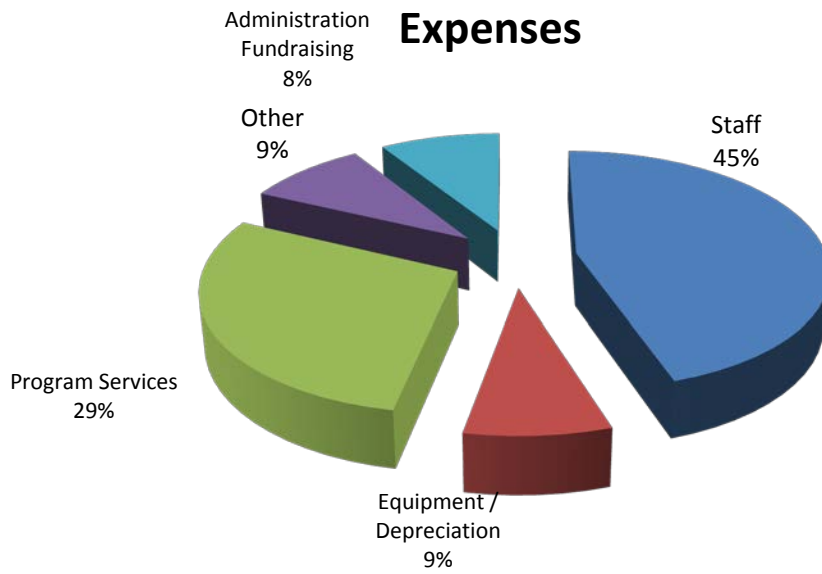
- Jackson County COMBAT Commission (since 1995)
- US Department of Housing & Urban Development (since 2002)
- Neighborhood and Community Services-City of Kansas City, Missouri (since 2000)
- US Department of Veterans Affairs (since 1996)
- Jackson County Housing Resources (since 1999)
- Jackson County COMBAT Commission (since 2001)
- Access to Recovery – Missouri Department of Mental Health (since 2006)
- SAVE and Good Samaritan Project (since 2007).

2011 Outcomes

Outcomes	Target	2011 Actual – All discharged clients	2011 Actual – Clients more than 30 day in program	2011 Actual – All Veterans	2011 Actual – Dual Diagnosed
Clients abstain from drugs	70% clients are abstinent	85%	93%	89%	84%
Clients have improved mental health	80% have decreased mental illness symptoms	90%	93%	89%	89%
Reduced crime – Increased social skills	80% have improved social skills	91%	94%	91%	89%
Clients have improved income Increased income and/or employment	69% have increased incomes	58%	61%	65%	62%
Clients have housing – clients move to stable housing	70% have stable housing	74%	78%	77%	75%

Financials

2011 Budget \$1,357,296



Benilde Hall is 501(c)(3) not-for-profit, and donations are tax deductible.

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Certified by the Missouri Department of
Mental Health

Funding for the program provided in part by:

Access to Recovery
City of Kansas City Missouri
US Department of Veterans Administration
US Department of Housing & Urban Development



3220 East 23rd Street
Kansas City, MO 64127
816 842-5836
www.benildehall.org