The mission of the Benilde Hall program is to promote balanced and responsible independent living by preventing the relapse of chemically dependent homeless persons through housing and substance abuse treatment so they can work and live without the havoc and chaos caused by addiction and homelessness.
Benilde Hall

Matt Talbot Apartments
History
Benilde Hall began providing transitional housing and substance abuse treatment to indigent homeless men in 1993. In 1997, Benilde incorporated as its own agency, separating from the founding board, the Lay Volunteers of DeLaSalle. In 2006, Benilde Hall opened Matt Talbot, a 12 unit permanent housing apartment building for men who successfully completed the Benilde Hall program. The Matt Talbot House continues to be a successful model of a permanent housing project for formally homeless men.

Problem
The impact of homelessness, substance abuse, and mental health on the community is significant. The cost of homelessness can be quite high. Hospitalization, medical treatment, incarceration, police intervention, and emergency shelter expenses can add up quickly, making homelessness surprisingly expensive for municipalities and taxpayers.

The Homeless Services Coalition of Kansas City surveyed the homeless in the annual Point-in-Time count on January 28, 2015. In the greater Kansas City area 1,446 homeless individuals and families were counted. This represents decrease in homeless individuals in the past 12 months. WE ARE MAKING A DIFFERENCE!!!!!

Clients Served in all Programs 2015

The Benilde Hall Program provides permanent supportive housing, rapid-housing, permanent housing, and transitional housing. Substance abuse treatment, mental health, and case management services are provided for all individuals served.

<table>
<thead>
<tr>
<th>Year</th>
<th>Clients Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>2006</td>
<td>144</td>
</tr>
<tr>
<td>2007</td>
<td>145</td>
</tr>
<tr>
<td>2008</td>
<td>163</td>
</tr>
<tr>
<td>2009</td>
<td>261</td>
</tr>
<tr>
<td>2010</td>
<td>325</td>
</tr>
<tr>
<td>2011</td>
<td>333</td>
</tr>
<tr>
<td>2012</td>
<td>319</td>
</tr>
<tr>
<td>2013</td>
<td>318</td>
</tr>
<tr>
<td>2014</td>
<td>368</td>
</tr>
<tr>
<td>2015</td>
<td>450</td>
</tr>
</tbody>
</table>

The Therapeutic Community of Benilde Hall:
2015 Services provided at the Benilde Hall Main Campus included:

- Housing - Transitional housing services for 65 men and long term independent housing for 12 men.
- Substance Abuse Treatment - All residents must participate in a recovery program that includes group counseling, community groups, individual counseling and community service.
- Services for Persons with Co-existing Disorders - On-site psychological services & psychiatric services for clients with a dual-diagnosis of substance abuse and mental illness.
- Medical Assessment & Education – On site HIV testing and health literacy education groups.
- Case Management - Depending on the unique needs therresident. They may receive additional services to include: employment counseling, independent living skills, recreation activities, legal advocacy & referrals, transportation, spirituality, financial counseling, family counseling, and referrals to community self-help groups.

2015 Highlights

- Supportive housing & treatment services were provided to 450 men, women, and children across all programs. This increase is due to our expansion of VA Emergency Beds and the addition of a permanent supportive housing grant specifically for veterans.

- Individual substance abuse counseling provided 2,451 hours to our clients. Five hundred twenty-two hours (542) of psychotherapy and 131 hours of psychiatric services were also provided.

- Benilde Hall provided 11,501 units of group counseling for substance abuse treatment. For mental health treatment, 4,830 units of Dialectic Behavior Therapy and 792 units of Seeking Safety were provided. Health literacy and HIV educational groups provided a total of 1,027 units.

- To be successfully discharged from Benilde Hall, clients must be abstinent, have stable income, and move to stable housing. In 2015, seventy-three percent (73%) of the clients were successfully discharged from the Benilde Hall Program. This is a 4% increase of the discharge success rate from 2014. Eighty-five percent (85%) of the clients improved mental health and 89% decreased crime involvement and increased social connectedness.

- Clients going through the program build a sense of community support through giving back. This year our clients contributed to 5,496 hours of services to the community.

- Benilde Services, a compensated work program provided employment opportunities to the men of Benilde Hall. The program provides lawn care, nursery & landscaping, painting, snow removal, and repair services. Benilde Services mowed and maintained over 500 city lots in 2015.

- Benilde Hall’s community partners include Kansas City Kansas Community College, UMKC, Metropolitan Community Colleges, and Avila University to provide field placement practicum for students in the fields of social work, psychology, and substance abuse and additions. Under staff supervision, student interns provide counseling services and facilitate groups. The contribution this year in donated time by student interns was approximately 1500 hours.
In 2015 upon entering the program:
  • All were homeless
  • All had addiction problems
  • 46% had legal problems
  • 62% were veterans
  • 65% were suffering from mental illness

In 2015, 54% of clients entering the Benilde Hall program had the dual diagnosis of Substance Abuse and Mental Illness. In 2015, of the 381 men served between the Benilde Hall main campus and the Benilde Hall Safe Haven, 261 or 69% of them were Veterans.

The clients with the dual diagnosis of substance abuse and mental illness benefit from the modified Dialectical Behavior programming at Benilde Hall. Preliminary research shows a decreased length of stay and an increase of successful outcomes at Benilde Hall from this program of treatment.
Although the vast majority of clients abused more than one drug, the primary drugs of choice were Cocaine and Cannabis.
Benilde Hall is certified by the State of Missouri Department of Mental Health. Benilde Hall’s expertise and commitment to the homeless population is evident through the support of contracts from:

- Jackson County COMBAT Commission (since 1995)
- US Department of Veterans Affairs (since 1996)
- Jackson County Housing Resources Commission (since 1999)
- Neighborhood and Community Services-City of Kansas City, Missouri (since 2000)
- US Department of Housing & Urban Development (since 2002)
- Access to Recovery – Missouri Department of Mental Health (since 2006)
- Health Care Foundation of Greater Kansas City (2007)
- Heart of America Community AIDS Partnership (2008)
- United Way Foundation of Greater Kansas City (2009)
- United for Hope (2013)
- Moulton Foundation (2010)
- Home Depot (2011)
- Kemper Foundation (2015)
- Oppensteiin Foundation (2013)
# 2015 Outcomes
## Benilde Hall Transitional Housing

<table>
<thead>
<tr>
<th>Outcomes at Discharge</th>
<th>2015 Target at Discharge</th>
<th>2015 All Discharged Clients</th>
<th>2015 Clients More than 30 Days in Program</th>
<th>2015 All Veterans</th>
<th>2015 Dual-Diagnosed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clients Abstain from Drugs</td>
<td>70% are Abstinent (n=201/224)</td>
<td>90% (n=107/123)</td>
<td>87%</td>
<td>93%</td>
<td>92% (n=141/154)</td>
</tr>
<tr>
<td>Clients have Improved Mental Health</td>
<td>80% have Decreased Mental illness Symptoms (n=186/218)</td>
<td>85% (n=101/120)</td>
<td>84%</td>
<td>88%</td>
<td>89% (n=133/150)</td>
</tr>
<tr>
<td>Reduced Crime &amp; Increased Social Connectedness</td>
<td>80% have Improved Social Connectedness (n=194/218)</td>
<td>89% (n=106/121)</td>
<td>88%</td>
<td>91%</td>
<td>93% (n=140/151)</td>
</tr>
<tr>
<td>Clients have Stable Incomes &amp; /or Employment</td>
<td>70% have Stable Incomes (n=166/224)</td>
<td>74% (n=94/122)</td>
<td>77%</td>
<td>75%</td>
<td>75% (n=115/153)</td>
</tr>
<tr>
<td>Clients have Stable Housing (Moved off streets)</td>
<td>70% have Stable Housing (n=207/225)</td>
<td>92% (n=111/123)</td>
<td>90%</td>
<td>97%</td>
<td>90% (n=140/155)</td>
</tr>
<tr>
<td>Combined Success Rate</td>
<td>60% will Achieve Abstinence, Stable Income, &amp; Stable Housing (n=164/225)</td>
<td>73% (n=87/123)</td>
<td>71%</td>
<td>80%</td>
<td>72% (n=112/155)</td>
</tr>
</tbody>
</table>
Financials
2015 Budget 2,037,542

Revenue

Expenses

Benilde Hall is a 501(c) (3) not for profit, and donations are tax deductible.
Benilde Hall Board of Directors

<table>
<thead>
<tr>
<th>Dr. Edward Golden</th>
<th>Brian Morales</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tim Larson</td>
<td>Mark Porter</td>
</tr>
<tr>
<td>Simeon Henderson</td>
<td>Ray Randall</td>
</tr>
<tr>
<td>Dr. Sarita Lynn Graham</td>
<td>Tonya Gundersen</td>
</tr>
<tr>
<td></td>
<td>Wm. Kent Jewell, Executive Director</td>
</tr>
</tbody>
</table>

Certified by the Missouri Department of Mental Health
Funding for the program provided in part by:
- Access to Recovery
- City of Kansas City, Missouri
- Jackson County Mental Health Levy
- The Health Care Foundation of Greater Kansas City
- Jackson County COMBAT Commission
- US Department of Veterans Administration
- US Department of Housing & Urban Development
- Kansas City Substance Abuse, Treatment, and Recovery Support Coalition

Benilde Hall
3220 E. 23rd Street, Kansas City, Missouri 64127